

Go placidly
amid the noise
and the haste,
and
remember
what peace
there may be
in silence....

-Desiderata



P

2

A

B



Whatever is true,
whatever is noble,
whatever is right,
whatever is pure,
whatever is lovely,
whatever is admira-
ble—if anything is excel-
lent or praise-
worthy—think about
such things. Whatsev-
er you have learned
or received or heard
from me, or seen in
me—put it into prac-
tice. And the God of
peace will be with
you.

-Phil 4:8-9

